



At Poole Harbour Canoe Club we have paddler of all ages, sharing a common interest in all aspects of paddle sport, from leisurely summer paddling to challenging white water, surf and competition.

### **Canoe Polo - Contact Polo Rep**

The club has a fleet of specialist canoe polo boats. Canoe polo is one of the fastest growing sports in the country and we're hoping to be a part of that. We have regular monthly fixtures during the winter months at a local pool.

During the summer months, if the tide is right, you will often find us playing polo under Rockley bridge on a club night.

### **Marathon Racing - Contact Marathon Rep**

Over the years Poole Harbour Canoe Club has had success in several disciplines. The club is historically strong in endurance events like the yearly Devizes to Westminster 125-mile marathon. PHCC members compete most years and have completed the DW in most classes. The club also competes in the national series of marathon races and hosts its own Poole Harbour race in the autumn. To train for these events early morning distance paddling is required. The river Stour and Wareham quay are usual venues. Marathon racing is performed in a range of boat types, more serious paddler tend to gravitate towards K boats. Kirton is a popular manufacture of these types of boat.

### **Open Boating - Contact Open Boating Rep**

The club boasts some very skilled open canoe paddler who are more than willing to pass on their skills and encourage the use of just one blade. Open boat activities range from touring on rivers and in the harbour, to tackling gnarly white water or keeping up with sea kayaks on overnight trips. The open boat courses are always fun and prove very popular. Once you've got the skills a whole new world of paddling 'opens' up.

### **Sea Paddling - Contact Sea Rep**

Poole Harbour Canoe club is in a perfect location for those who venture out in sea kayaks.

The harbour provides some protection for those not wanting to venture far from land but squeezing out through the harbour entrance you can travel many miles along the stunning Jurassic coast. The famous Old Harry Rock landmark is well within reach for a round trip from the harbour on a summer evening, and paddles across the Solent to the Isle of Wight are often on the events list for the year.

Club members often travel with their sea kayaks to paddle other challenging locations such as the Devon and Cornwall coast, Pembrokeshire, Anglesey, Scotland, Norway and even paddle crossings to the Isles of Scilly and Ireland.

### **Surf Coaching - Contact Surf Coaching Rep**

Locally there are good beaches to surf at Boscombe and Bournemouth piers and at Kimmeridge in the Purbecks. A surf session is usually run during the winter every month where paddlers of all abilities are welcomed. See the Second Saturday Surf page in the Members sections for updates and details. A growing number of paddlers in the club head off to find surf throughout the year and for those that want to be amazed we recommend watching our paddlers from the UK Surf kayak team in action!

### **Touring - Contact Touring Rep**

Poole harbour is the perfect place for relaxed touring style paddles and to enjoy the beauty of the surroundings and you can reach places by kayak in the harbour that are inaccessible by any other means.

The club runs weekend trips for paddlers of varied abilities and experience. The 1st Saturday is dedicated to newer/less experienced paddlers, but the pace is tailored to those present. 3rd Saturdays are dedicated to competent paddlers (3 star) who are able to paddle 15+ miles usually further afield on the open sea. The Sunday paddles are tailored to those who come along to paddle rather than being a set format.

Touring trips are also organised on rivers and in open canoes.

### **White Water - Contact White Water Rep**

Access to rivers and rainfall restricts local South West river paddling to dates between Oct and end of Mar. During this time, a number of white water or touring trips are often organised, usually with short notice. The rivers of Dartmoor in particular are only a couple of hours away by car and provide a perfect playground for those trying moving water for the first time or those paddlers looking for more of a challenge. Paddling in small groups, courses are often run covering moving water techniques and boat handling, river and leadership skills and white water safety and rescue.